

CLAREMONT



EARLY CHILDHOOD PROGRAM

Home of the Baby Cardinals

Our flock follows these Cardinal Rules:



We are kind and respectful.

A little bird told me how tweet you can be.
Birds of a feather, flock together.

Books: *Have You Filled a Bucket Today? A Guide to Daily Happiness for Kids* by Carol McCloud
Interrupting Chicken by David Ezra Stein
Visiting Feelings by Lauren Rubenstein, JD, PsyD

Visuals: feeling board; sensory feelings (cotton ball, sandpaper) cotton ball jar

Guiding questions: "What can we do to help each other?" "Are those cotton ball or sandpaper words?"



We are safe and responsible.

Try to avoid fowl play.
A bird's job is to sit on it's nest, what's yours?



Books: *Pigsty* by Mark Teague
No means NO by Jayneen Sanders
Knuffle Bunny: A Cautionary Tale by Mo Willems

Visuals: Job charts (for school and home); Rules (for school and home)

Guiding questions: "What would be a safe choice?" "What is your job right now?"



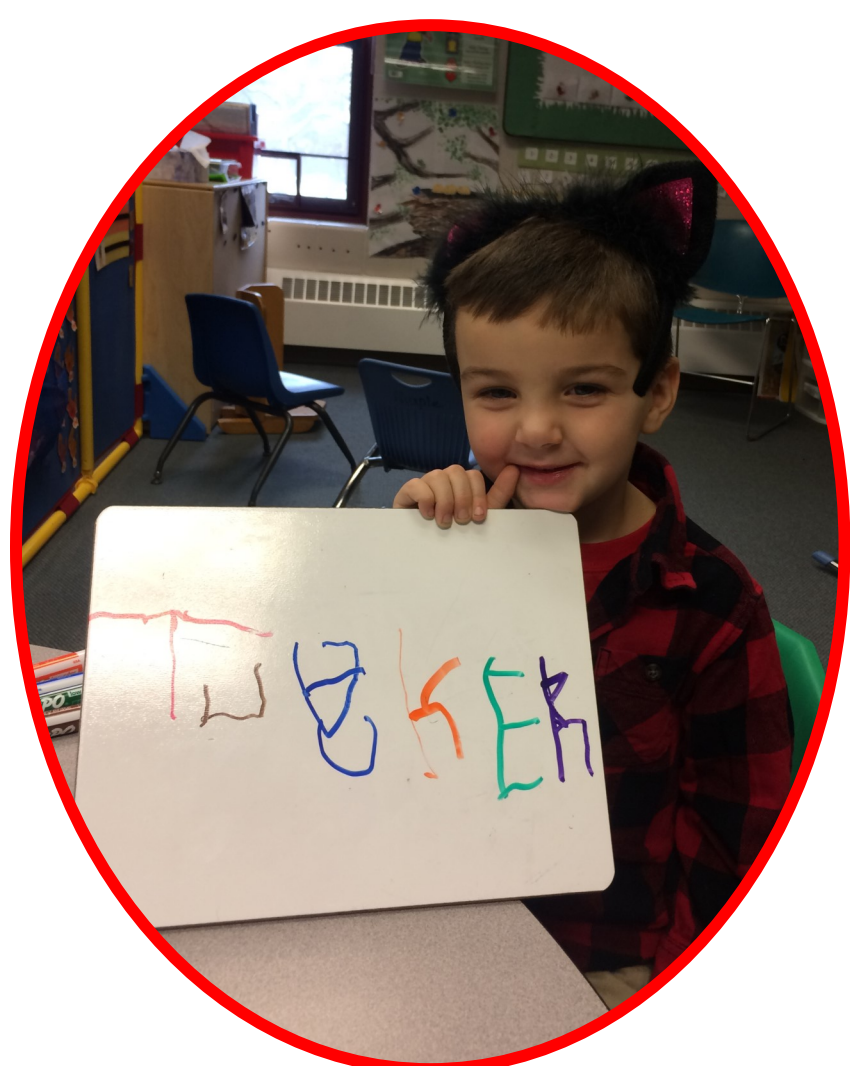
We are problem solvers.

If you have a problem, talk or chirp it out.
Let it roll off of you, like water off a duck's back.

Books: *Hands Are Not for Hitting* by Martine Agassi
Tucker Turtle Takes Time to Tuck and Think
Snow Dog, Sand Dog by Linda Joy Singleton

Visuals: Solution kits, Tucker Turtle poster

Guiding questions: "What is wrong?" "How could we fix it?"



We do our best.

Are your ducks in a row?
Just keep flying, just keep flying.

Books: *After the fall: how Humpty Dumpty got back up again* by Dan Santat
Puppy Mind by Andrew Jordan Nance
Imaginations: Fun Relaxation Stories and Meditations for Kids by Carolyn Clarke

Visuals: Whole body listening posters, visual schedule

Meditation: flower/beauty, mountain/strength, water/clarity, space/freedom

Guiding questions: "Who is showing whole body listening?" "Do you feel like Humpty Dumpty after he got up again?"

