



SENT HOME SICK

DEAR PARENT/GUARDIAN,

You have been called to pick up your child today because he/she is not feeling well and requires more attention than we are able to provide while maintaining our contained Pods and teacher/child ratios.

Child's name: _____ Date: _____

Axillary Temperature: _____ Time: _____

Symptoms: _____ Staff initials: _____

Time at home allows your child to rest and recuperate.

It also prevents infections from spreading to other children and staff members.

Due to the current COVID-19 Pandemic, the following guidelines will be used to determine when a child can return to group care after presenting with symptoms:

- The child's temperature has been below 100.4 for 72 hours after the fever has broken *without fever reducing medications*. If your child is sent home with a fever, we will NOT allow a doctor's note for returning before the 72-hour window.
- The child showing any concerns of respiratory issues (e.g., excessive coughing) may not return for 7 days plus 3 additional healthy days, unless the child has a negative COVID-19 test and is cleared by a medical professional.
- It has been 72 hours since the last episode of vomiting and/or diarrhea. A doctor's note will be required for the child's return.
- The rash has subsided or has been confirmed as non-contagious by a physician.
- The signs of possible severe illness (including lethargy, difficulty breathing, wheezing, severe stomach pain) have been checked and ruled out by a physician.
- The child is no longer contagious (with other illnesses like the flu) or crying persistently and is feeling well enough to participate comfortably in the usual activities.
- If an antibiotic is prescribed for an illness (e.g., strep throat), the child may return 24 hours after the first dosage, or sooner with a physician's note confirming them as non-contagious.

Please See Back Side

Your child may return to group care no sooner than:

Day/Date/Time: _____

Name of Parent/Guardian Notified: _____

Staff Person Notifying Parent: _____

Parent/Guardian Acknowledgment Signature: _____

Thank you for your commitment to keeping your child, their friends at the Center, and our staff as safe as possible during this public health crisis.